



**Community Services  
& Parks**

**OFFICIAL RACE MAIL IN/WALK IN ENTRY FORM**



**PLEASE PRINT IN BLOCK LETTERS**

**REGISTER ONLINE UNTIL 4/28/22 [www.runtheverdugos.com](http://www.runtheverdugos.com)**

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_

Street Address \_\_\_\_\_

Apt. No. \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age on Race Day \_\_\_\_\_ Sex: Male \_\_\_\_\_ Female \_\_\_\_\_ Discount Code \_\_\_\_\_

How I Heard About This Event \_\_\_\_\_

Emergency Contact (day of event) Name \_\_\_\_\_ Phone \_\_\_\_\_

**T-SHIRT SIZE**

Women's XS \_\_\_\_\_ S \_\_\_\_\_ M \_\_\_\_\_

Men's/Unisex XS \_\_\_\_\_ S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_ XXL \_\_\_\_\_

**ENTRY FEE (includes T-shirt)**

Early Registration	Regular Registration	Regular Registration	Race Day
January 6-February 28, 2022	March 1-31, 2022	April 1-22, 2022 & Packet Pick-up on April 30, 2022	May 1, 2022
\$30	\$35	\$40	\$45

**PAYMENT (No Refunds – See Other Terms and Conditions)**

Return completed registration form, signed liabilities waiver(s), and check made payable to:

**City of Glendale**  
**ATTN: Verdugo10K 1401 N. Verdugo Rd. Glendale, CA 91208**

**TOTAL ENCLOSED:** \$ \_\_\_\_\_ (Do not send cash)

**\*\*Mail In/Walk In Deadline: Friday, April 22, 2022**

**OTHER TERMS & CONDITIONS**

I acknowledge and agree that I am responsible for paying all costs and expenses that are incurred if I require medical treatment, including, but not limited to, emergency ground or air evacuation from the race course. I understand that the event will take place rain or shine at the Race Director's discretion. The race may also be postponed due to natural hazards uncontrollable by the Race Director.

I also understand the entry fee is non-refundable and non-transferable. If the race is canceled or postponed for any reason, the event organizers will make an effort to reschedule the race to another date and/or course of their choosing. My entry fee will be applied to the rescheduled date. If I cannot participate on the rescheduled date, I agree that I will not receive a refund or a credit for any future race.

I hereby grant to the City of Glendale:

- (1) Full permission to record my performance in this race on film, videotape, still photography, or other media for the City's use without compensation to me; and
- (2) The exclusive right to:
  - (a) Keep and reproduce photographs, negatives, and recordings, or any part of them, by any method; and
  - (b) Distribute, sell, or lease the photographs and recordings— or license or allow others to do so— for advertising or non-commercial purposes, as the City may deem necessary or advisable.

No dogs or strollers will be allowed in this event.

If I chose to wear a personal listening device I agree to set the volume low enough, or wear it with one earphone off, so that I can hear runners attempting to pass or the instructions of race staff.

I agree to follow the instructions of the race staff to help ensure my safety and the safety of others

**THIS APPLICATION IS NOT COMPLETE UNLESS SIGNED LIABILITY WAIVER(S) IS (ARE) INCLUDED.**

\_\_\_\_\_  
**Signature of Runner or Parent for Child Under 18 Years of Age**

\_\_\_\_\_  
**Date**

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CITY OF GLENDALE  
COMMUNITY SERVICES & PARKS DEPARTMENT  
**2022 VERDUGO MOUNTAINS 10K TRAIL RUN & HIKE**

**PARTICIPANT'S:  
RELEASE OF LIABILITY & INDEMNITY AGREEMENT**

I, \_\_\_\_\_, acknowledge that I have voluntarily applied to participate in the 2022 Verdugo Mountains 10K Trail Run & Hike— a race event in the Verdugo Mountains, on May 1, 2022, from 6:00 a.m. to 12:00 noon (“the Race”), co-sponsored by the City of Glendale’s Community Services & Parks Department (“the City”) and the Glendale Parks & Open Space Foundation (“the Foundation”).

I understand and agree that I will be running and hiking in the Race, which will take place outdoors— in the Verdugo Mountains— on hiking trails, fire roads, or other “off-trail” areas which often contain steep and uneven natural surfaces. Running and hiking in those areas have risks, including (but not limited to) the risk of: falling; heat exhaustion; cold or hot weather conditions; insect or animal bites; poisonous plants; cuts and scrapes; falling rocks or trees; and collision with other runners, hikers, spectators, motor vehicles, or fixed objects. The City will offer a shuttle or van, operated by a private firm, which I may ride to and from the finish line. I understand and acknowledge that RaceWire LLC (“RaceWire”) will time me in the Race. I agree to bring drinking water and food, and to wear my own protective body clothing and closed-toe shoes for trail running and hiking.

I represent that: (1) I am in good physical condition and emotional health; (2) I am not suffering from any condition, disease, or disability that can hinder or endanger my participation in the Race; (3) a licensed medical doctor has examined me, and I am qualified to participate in trail running and hiking; (4) I have sufficiently trained for this Race; and (5) I am capable of participating in the Race without accommodation. **PLEASE INITIAL: \_\_\_\_\_.**

***I AM AWARE THAT TRAIL RUNNING AND HIKING ARE PHYSICALLY DEMANDING, DANGEROUS, AND HAVE A RISK OF INJURY OR DEATH. I AM FULLY AWARE THAT I AM VOLUNTARILY PARTICIPATING IN THIS TRAIL RUNNING AND HIKING ACTIVITY WITH MY KNOWLEDGE OF THE INHERENT RISKS AND HAZARDS INVOLVED. I HEREBY AGREE TO ACCEPT ANY AND ALL RISKS OF INJURY, DEATH, OR PROPERTY DAMAGE.***

**PLEASE INITIAL: \_\_\_\_\_.**

***AS LAWFUL CONSIDERATION for the City’s and the Foundation’s permitting me to participate in this Race, I HEREBY AGREE that I, my heirs, distributees, guardians, legal representatives, and assigns WILL NOT MAKE A CLAIM AGAINST, SUE, OR PROSECUTE the City, the Foundation, RaceWire, or their officers, directors, contractors, agents, employees, volunteers, sponsors, or affiliates for injury, death, or damage arising out of the negligence or other acts, howsoever caused, by the City, the Foundation, RaceWire, or their officers, directors, contractors, agents, employees, volunteers, sponsors, or affiliates, as a result of my participation in this Race.***

***In addition, I HEREBY RELEASE, DISCHARGE, AND AGREE TO “INDEMNIFY” (TO COMPENSATE AND TO DEFEND) the City, the Foundation, RaceWire, and their officers, directors, contractors, agents, employees, volunteers, sponsors, or affiliates from and against ALL ACTIONS, CLAIMS, OR DEMANDS that I, my heirs, distributees, guardians, legal representatives, or assigns now have, or may later have from today, for injury, death, or damage arising out of my participation in this Race.***

***I HAVE CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT TO INDEMNIFY BETWEEN MYSELF, THE CITY, THE FOUNDATION, AND RACE WIRE; AND I SIGN IT OF MY OWN FREE WILL.***

\_\_\_\_\_  
By my signature below, I certify that I am eighteen (18) years of age or older.

\_\_\_\_\_  
I am under the age of eighteen (18) years. My parent/guardian has read this form with me and has completed the “Parent’s/Guardian’s Release of Liability & Indemnity Agreement” on the reverse side.

\_\_\_\_\_  
Dated

\_\_\_\_\_  
Participant’s Signature

\_\_\_\_\_  
Home Address

\_\_\_\_\_  
City, State, Zip Code

\_\_\_\_\_  
Home Telephone Number

Staff Initials \_\_\_\_\_

CITY OF GLENDALE  
COMMUNITY SERVICES & PARKS DEPARTMENT  
**2022 VERDUGO MOUNTAINS 10K TRAIL RUN & HIKE**

PARENT'S / GUARDIAN'S (for participants under 18 years old)  
**RELEASE OF LIABILITY & INDEMNITY AGREEMENT**

I, \_\_\_\_\_, the parent/guardian of \_\_\_\_\_, acknowledge that my child has voluntarily applied to participate in the 2022 Verdugo Mountains 10K Trail Run & Hike— a race event in the Verdugo Mountains, on May 1, 2022, from 6:00 a.m. to 12:00 noon (“the Race”), co-sponsored by the City of Glendale’s Community Services & Parks Department (“the City”) and the Glendale Parks & Open Space Foundation (“the Foundation”).

I understand and agree that my child will be running and hiking in the Race, which will take place outdoors— in the Verdugo Mountains— on hiking trails, fire roads, or other “off-trail” areas which often contain steep and uneven natural surfaces. Running and hiking in those areas have risks, including (but not limited to) the risk of: falling; heat exhaustion; cold or hot weather conditions; insect or animal bites; poisonous plants; cuts and scrapes; falling rocks or trees; and collision with other runners, hikers, spectators, motor vehicles, or fixed objects. The City will offer a shuttle or van, operated by a private firm, which my child may ride to and from the finish line. I understand and acknowledge that RaceWire LLC (“RaceWire”) will time my child in the Race. I agree to provide my child with water and food, protective body clothing, and closed-toe shoes for trail running and hiking.

I represent that: (1) my child is in good physical condition and emotional health; (2) my child is not suffering from any condition, disease, or disability that can hinder or endanger my child’s participation in the Race; (3) a licensed medical doctor has examined my child, and my child is qualified to participate in trail running and hiking; (4) my child has sufficiently trained for this Race; and (5) my Child is capable of participating in the Race without accommodation.

**PLEASE INITIAL:** \_\_\_\_\_.

***I AM AWARE THAT TRAIL RUNNING AND HIKING ARE PHYSICALLY DEMANDING, DANGEROUS, AND HAVE A RISK OF INJURY OR DEATH. I AM FULLY AWARE THAT MY CHILD IS VOLUNTARILY PARTICIPATING IN THIS TRAIL RUNNING AND HIKING ACTIVITY WITH MY KNOWLEDGE OF THE INHERENT RISKS AND HAZARDS INVOLVED. I HEREBY AGREE TO ACCEPT ON MY CHILD’S BEHALF ANY AND ALL RISKS OF INJURY, DEATH, OR PROPERTY DAMAGE.***

**PLEASE INITIAL:** \_\_\_\_\_.

***AS LAWFUL CONSIDERATION for the City’s and the Foundation’s permitting my child to participate in this Race, I HEREBY AGREE that I, my child, our heirs, distributees, guardians, legal representatives, and assigns WILL NOT MAKE A CLAIM AGAINST, SUE, OR PROSECUTE the City, the Foundation, RaceWire, or their officers, directors, contractors, agents, employees, volunteers, sponsors, or affiliates for injury, death, or damage arising out of the negligence or other acts, howsoever caused, by the City, the Foundation, RaceWire, or their officers, directors, contractors, agents, employees, volunteers, sponsors, or affiliates, as a result of my child’s participation in this Race.***

***In addition, I HEREBY RELEASE, DISCHARGE, AND AGREE TO “INDEMNIFY” (TO COMPENSATE AND TO DEFEND) the City, the Foundation, RaceWire, and their officers, directors, contractors, agents, employees, volunteers, sponsors, or affiliates from and against ALL ACTIONS, CLAIMS, OR DEMANDS that I, my child, our heirs, distributees, guardians, legal representatives, or assigns now have, or may later have from today, for injury, death, or damage arising out of my child’s participation in this Race.***

***I HAVE CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT TO INDEMNIFY BETWEEN MYSELF (AND ON MY CHILD’S BEHALF) AND THE CITY, THE FOUNDATION, AND RACEWIRE; AND I SIGN IT OF MY OWN FREE WILL.***

\_\_\_\_\_  
Dated

\_\_\_\_\_  
Signature of Parent or Guardian

\_\_\_\_\_  
Home Address

\_\_\_\_\_  
City, State, Zip Code

\_\_\_\_\_  
Parent’s or Guardian’s Home/Work Telephone Number

Staff Initials \_\_\_\_\_



**COVID-19 (Coronavirus)**

**PARTICIPANT'S / PARENT'S / GUARDIAN'S:**

**RELEASE OF LIABILITY & INDEMNITY AGREEMENT**

COVID-19 is the infectious disease caused by a type of virus, known as a "coronavirus." The World Health Organization has declared COVID-19 disease a worldwide pandemic. The coronavirus that causes COVID-19 is extremely contagious and is believed to be spread from person-to-person contact and contaminated surfaces/objects. Its spread is more likely when people are in close contact with one another (within about 6 feet). As a result, federal, state, and local governments and health agencies have recommended staying away from crowded places, avoiding spending time in groups, practicing social (physical) distancing, and wearing a mask. Also, in many areas, health agencies have prohibited the congregation of groups of people.

While COVID-19 can cause mild symptoms in some individuals, in others it can lead to severe, potentially life-threatening illness, injury, permanent disability, or death. Adults over age 65 and people of any age with underlying medical problems— including, but not limited to, high blood pressure, heart or lung problems, diabetes, cancer, or a compromised immune system— are at higher risk of developing serious illness from COVID-19.

The Community Services & Parks Department ("Parks Department") of the City of Glendale ("City") has put in place preventative measures to reduce the spread of COVID-19. However, those measures will **not fully eliminate** the spread of COVID-19, because people reportedly can become infected from others who show no symptoms. Also, the City and its staff will not be able to control the actions of every program participant. For example, another participant who wants to talk to you or your child(ren) may be at a distance of less than 6 feet. Consequently, the City cannot guarantee that you and/or your child(ren) will not become exposed to or infected with COVID-19 while participating in Parks Department programming. Further, if you choose to attend one or more Parks Department programs, or if you choose to have your child(ren) attend one or more programs, you are increasing your risk, and your child(ren)'s risk, of getting COVID-19.

**I UNDERSTAND AND ACKNOWLEDGE THE HIGHLY CONTAGIOUS NATURE OF COVID-19. I REALIZE THAT IN USING THE CITY'S FACILITY AND BY MY PARTICIPATING, AND/OR BY MY CHILD(REN)'S PARTICIPATING, IN ONE OR MORE OF THE PROGRAMS, I AM EXPOSING MYSELF, MY CHILD(REN), FAMILY MEMBERS, AND OTHERS TO NOT ONLY THE RISKS OF BECOMING INFECTED WITH COVID-19 AND TRANSMITTING IT TO OTHER INDIVIDUALS, BUT ALSO THE RISKS OF SUSTAINING INJURY AND DAMAGE, INCLUDING SUFFERING MILD, MODERATE, OR SEVERE ILLNESS; PERMANENT DISABILITY; OR DEATH.** PLEASE INITIAL: \_\_\_\_\_

**I AM FULLY AWARE THAT I AM, AND/OR MY CHILD(REN) ARE, VOLUNTARILY USING THE CITY'S FACILITY AND VOLUNTARILY PARTICIPATING IN ONE OR MORE OF THE PROGRAMS WITH MY KNOWLEDGE OF THE INHERENT RISKS, HAZARDS, AND DANGERS INVOLVED FOR COVID-19. I HEREBY AGREE TO ACCEPT— ON BEHALF OF MYSELF AND/OR MY CHILD(REN)— ANY AND ALL RISKS OF INJURY AND DAMAGE, INCLUDING ILLNESS, PERMANENT DISABILITY, OR DEATH.** PLEASE INITIAL: \_\_\_\_\_

AS LAWFUL CONSIDERATION for the City's permitting me, and/or my child(ren), to use the City's facility and to participate in the program or programs, I HEREBY AGREE that I/we, my/our heirs, distributees, guardians, legal representatives, and assigns **WILL NOT MAKE A CLAIM AGAINST, SUE, OR PROSECUTE** the City, its officers, agents, employees, or volunteers for injury, damage, illness, permanent disability, or death arising out of the negligence, intentional, or other acts, howsoever caused, by the City or by any officer, agent, employee, or volunteer of the City, and/or by another program participant, as a result of my, and/or my child(ren)'s, using the City's facility and participating in the program or programs.

In addition, I HEREBY RELEASE, DISCHARGE, AND AGREE TO "INDEMNIFY" (TO COMPENSATE AND TO DEFEND) the City, its officers, agents, employees, or volunteers from and against **ALL ACTIONS, CLAIMS, OR DEMANDS** that I/we, my/our heirs, distributees, guardians, legal representatives, or assigns now have, or may later have from today, for injury, damage, illness, permanent disability, or death, arising out of my, and/or my child(ren)'s, using the City's facility and participating in the program or programs.

**I HAVE CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT TO INDEMNIFY BETWEEN MYSELF— AND/OR ON MY CHILD(REN)'S BEHALF— AND THE CITY, AND I SIGN IT OF MY OWN FREE WILL. I UNDERSTAND THAT THIS AGREEMENT WILL REMAIN IN EFFECT AT ALL TIMES DURING THE YEAR 2022 WHILE I, AND/OR MY CHILD(REN), USE THE CITY'S FACILITY AND PARTICIPATE IN THE PROGRAM OR PROGRAMS.**

**Check All Boxes That Apply:**

I am signing this form for myself. I am the Participant. Name (Printed): \_\_\_\_\_

I am signing this form for my child(ren). I am the Parent or Guardian. Child(ren)'s Name(s) (Printed): \_\_\_\_\_

**By my signature below, I certify that I am eighteen (18) years of age or older:**

\_\_\_\_\_  
Dated

\_\_\_\_\_  
Participant's / Parent's / Guardian's Signature

\_\_\_\_\_  
Home Address

\_\_\_\_\_  
City, State, Zip Code

\_\_\_\_\_  
Home Telephone Number

\_\_\_\_\_  
Business Telephone Number