



Race Location: Brand Park, 1601 W. Mountain St. Glendale, CA 91201
www.runtheverdugos.com

A FEW THINGS TO REMEMBER

We recommend you arrive early. This will give you time to park (parking in Brand Park is available, but limited). Most racers will need to park on nearby residential streets.

Please do not leave any unattended items (including packs and clothing) in the park or along the trail. Return your personal belongings to your car, and don't bring valuables. The City is not responsible for lost or stolen items.

The race will begin promptly at 8:00 a.m. Hikers please line up behind runners

Be kind to our neighbors. Since most of our neighbors will be asleep when you arrive, please move quietly from your car into the park. And, please don't leave trash on their lawns or sidewalks.

COURSE info:

- Start & Finish line is just above the historic Doctor's House.
- The course is out and back, and the finish line is the same as the starting line this year (3.1 miles each way).
- Water: at approximately miles 0.85, 3.1, and 5.35.
- Approximately 500 feet elevation gain per mile.
- Bathrooms are located in the park near the baseball fields. There are park restrooms and portable toilets available.
- For everyone's safety: No strollers or dogs allowed on the course.

If you choose to wear a personal listening device, please keep the volume low enough or one earpiece removed so that you can hear another runner attempting to pass and/or the instructions of race staff.

THANK YOU!

Thanks for helping make the Verdugo Mountains 10K successful. We look forward to seeing you on the course!

VERDUGO MOUNTAINS 10K TRAIL

Finish Line



Start Line

